

Moringa Coffee Latte

Moringa Coffee Latte recipe that's energizing, creamy, and delicious! This unique combination of **moringa powder** and coffee blends the earthy goodness of moringa with the bold richness of coffee, offering you a nutrient-dense pick-me-up.

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Ingredients (Serves 1):

- 1/2 tsp **Moringa Powder**
- 1 shot espresso (or 1/4 cup strong brewed coffee)
- 1 cup milk of choice (dairy or plant-based, e.g., almond, oat, or coconut milk)
- 1-2 tsp honey, maple syrup, or sugar (optional, for sweetness)
- 1/4 tsp vanilla extract (optional, for flavor)
- A pinch of cinnamon (optional, for garnish)

Instructions:

1. Prepare the moringa paste:

- In a small bowl, mix **1/2 tsp moringa powder** with **2 tablespoons hot water** to form a smooth paste. Stir well to avoid lumps.

2. Brew the coffee:

- Prepare 1 shot of espresso using your espresso machine or brew **1/4 cup strong coffee** using a French press or drip coffee maker.

3. Heat the milk:

- In a saucepan, heat **1 cup of milk** over medium heat until steaming but not boiling. Use a milk frother or whisk to create a frothy texture.

4. Combine the latte:

- Pour the brewed coffee into a large mug.
- Stir in the prepared **moringa paste** until fully dissolved.
- Slowly pour the steamed milk into the mug while stirring gently.

5. Sweeten and flavor:

- Add honey, maple syrup, or sugar to taste, and stir in vanilla extract for added flavor.

6. Garnish and serve:

- Optional: Sprinkle a pinch of cinnamon on top for a warm finish.
- Serve immediately and enjoy your nutrient-packed **Moringa Coffee Latte**.

Why You'll Love This Recipe:

- ✓ **Energizing:** Combines the caffeine kick of coffee with moringa's natural nutrients for sustained energy.
- ✓ **Nutrient-Rich:** Moringa adds iron, calcium, and antioxidants, helping boost immunity and reduce fatigue.
- ✓ **Creamy and Delicious:** The earthy flavor of moringa pairs beautifully with the bold notes of coffee and the creaminess of milk.
- ✓ **Customizable:** Sweeten it to your liking and use any milk of your choice for dairy-free options.

This **Moringa Coffee Latte** is the perfect blend of superfood nutrition and coffee energy—a great way to start your day or beat the afternoon slump.